

Regiocup1 Bilzen: Session: 1: COACH Evaluation sheet for TEAM: DBT

Coachinfo: Warming up from: 13:15 untill 13:55. Teamleadmeeting @ The listed starttimes are indicative!

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 1: 200M FREESTYLE WOMEN 11+							Heat:1, starttime: 14:00	
Heat: 1/9 Lane : 3 Athlete: VAES LIENE							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 1: 200M FREESTYLE WOMEN 11+							Heat:2, starttime: 14:04	
Heat: 2/9 Lane : 2 Athlete: BREBELS MAARTJE							Q-time: 99:99:99	
PB (25m pool): 03:20.36 Bilzen 14/01/2024			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		03:20.36
	no time							
								

Coach feedback:

Event number: 1: 200M FREESTYLE WOMEN 11+							Heat:2, starttime: 14:04	
Heat: 2/9 Lane : 4 Athlete: KERFS LENTEL							Q-time: 99:99:99	
PB (25m pool): 03:55.37 Bilzen 14/01/2024			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		03:55.37
	no time							
								

Coach feedback:

Regiocup1 Bilzen: Session: 1: COACH Evaluation sheet for TEAM: DBT

Event number: 1: 200M FREESTYLE WOMEN 11+							Heat:6, starttime: 14:20	
Heat: 6/9 Lane : 1 Athlete: LIMONTA-SCULL OFELIA							Q-time: 02:52:90	
PB (25m pool): 02:54.53 Bilzen 14/01/2024				PB (50m pool): 02:52.90SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		02:54.53
	no time							
								

Coach feedback:

Event number: 1: 200M FREESTYLE WOMEN 11+							Heat:6, starttime: 14:20	
Heat: 6/9 Lane : 2 Athlete: MOORS NORA							Q-time: 02:46:25	
PB (25m pool): 02:46.25 Lommel 02/03/2025				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:37.36		01:20.28		02:04.89		02:46.25
	00:37.36		00:42.92		00:44.61		00:41.36	
								

Coach feedback:

Event number: 1: 200M FREESTYLE WOMEN 11+							Heat:6, starttime: 14:20	
Heat: 6/9 Lane : 3 Athlete: CLAESKENS LINA							Q-time: 02:44:58	
PB (25m pool): 02:35.81 3500 Hasselt 27/11/2022				PB (50m pool): 02:47.81 SB: 02:45.65 3500 Hasselt 23/11/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		02:35.81
	no time							
								

Coach feedback:

Event number: 1: 200M FREESTYLE WOMEN 11+							Heat:7, starttime: 14:24	
Heat: 7/9 Lane : 1 Athlete: NIJS ALANI							Q-time: 02:38:07	
PB (25m pool): 02:38.07 3500 Hasselt 23/11/2025				PB (50m pool): no time SB: 02:38.07 3500 Hasselt 23/11/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:34.71		01:16.38		01:58.91		02:38.07
	00:34.71		00:41.67		00:42.53		00:39.16	
								

Coach feedback:

Regiocup1 Bilzen: Session: 1: COACH Evaluation sheet for TEAM: DBT

Event number: 1: 200M FREESTYLE WOMEN 11+							Heat:8, starttime: 14:27	
Heat: 8/9 Lane : 2 Athlete: ARDU PEPPA JOLENE							Q-time: 02:31:34	
PB (25m pool): 02:31.34 Lommel 02/03/2025				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:34.36		01:13.45		01:53.61		02:31.34
	00:34.36		00:39.09		00:40.16		00:37.73	
								

Coach feedback:

Event number: 1: 200M FREESTYLE WOMEN 11+							Heat:9, starttime: 14:30	
Heat: 9/9 Lane : 4 Athlete: CUIJVERS LISA							Q-time: 02:21:53	
PB (25m pool): 02:18.51 Diksmuide 19/11/2023				PB (50m pool): 02:28.34SB: 02:21.53 3500 Hasselt 23/11/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		02:18.51
	no time							
								

Coach feedback:

Event number: 1: 200M FREESTYLE WOMEN 11+							Heat:9, starttime: 14:30	
Heat: 9/9 Lane : 5 Athlete: MOORS YANA							Q-time: 02:24:15	
PB (25m pool): 02:24.15 Lommel 02/03/2025				PB (50m pool): 03:10.91 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:33.88		01:11.23		01:49.31		02:24.15
	00:33.88		00:37.35		00:38.08		00:34.84	
								

Coach feedback:

Event number: 2: 200M FREESTYLE MEN 11+							Heat:4, starttime: 14:44	
Heat: 4/6 Lane : 1 Athlete: LEMMENS LARS							Q-time: 02:30:21	
PB (25m pool): 02:30.21 3500 Hasselt 23/11/2025				PB (50m pool): 02:39.18SB: 02:30.21 3500 Hasselt 23/11/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:33.72		01:12.59		01:52.43		02:30.21
	00:33.72		00:38.87		00:39.84		00:37.78	
								

Coach feedback:

Regiocup1 Bilzen: Session: 1: COACH Evaluation sheet for TEAM: DBT

Event number: 2: 200M FREESTYLE MEN 11+							Heat:4, starttime: 14:44	
Heat: 4/6 Lane : 5 Athlete: GIJBELS JUUL							Q-time: 02:24:97	
PB (25m pool): 02:24.45 3500 Hasselt 24/11/2024				PB (50m pool): 02:48.19 SB: 02:24.97 Pelt 05/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:32.46		01:09.36		01:47.84		02:24.45
	00:32.46		00:36.90		00:38.48		00:36.61	
								

Coach feedback:

Event number: 2: 200M FREESTYLE MEN 11+							Heat:5, starttime: 14:47	
Heat: 5/6 Lane : 3 Athlete: DEGRAEN DIEGO							Q-time: 02:16:30	
PB (25m pool): 02:16.30 3500 Hasselt 23/11/2025				PB (50m pool): 02:25.51SB: 02:16.30 3500 Hasselt 23/11/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:31.57		01:06.56		01:42.09		02:16.30
	00:31.57		00:34.99		00:35.53		00:34.21	
								

Coach feedback:

Event number: 2: 200M FREESTYLE MEN 11+							Heat:6, starttime: 14:50	
Heat: 6/6 Lane : 2 Athlete: BIRLOGEANU LUCA							Q-time: 02:07:14	
PB (25m pool): 02:07.14 3500 Hasselt 23/11/2025				PB (50m pool): no time SB: 02:07.14 3500 Hasselt 23/11/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:27.55		00:59.18		01:33.27		02:07.14
	00:27.55		00:31.63		00:34.09		00:33.87	
								

Coach feedback:

Event number: 2: 200M FREESTYLE MEN 11+							Heat:6, starttime: 14:50	
Heat: 6/6 Lane : 5 Athlete: POELMANS KEANO							Q-time: 02:11:68	
PB (25m pool): 02:11.68 3500 Hasselt 23/11/2025				PB (50m pool): 02:13.81 SB: 02:11.68 3500 Hasselt 23/11/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:29.88		01:03.56		01:38.29		02:11.68
	00:29.88		00:33.68		00:34.73		00:33.39	
								

Coach feedback:

Regiocup1 Bilzen: Session: 1: COACH Evaluation sheet for TEAM: DBT

Event number: 3: 50M BUTTERFLY MIXED 10-9			Heat:1, starttime: 14:53
Heat: 1/6 Lane : 4 Athlete: JANSSEN FÉLINE			Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time			
	2 5 M	5 0 M	
PB		no time	
	no time		
			

Coach feedback:

Event number: 3: 50M BUTTERFLY MIXED 10-9			Heat:3, starttime: 14:56
Heat: 3/6 Lane : 5 Athlete: TIRI LILY			Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time			
	2 5 M	5 0 M	
PB		no time	
	no time		
			

Coach feedback:

Event number: 3: 50M BUTTERFLY MIXED 10-9			Heat:3, starttime: 14:56
Heat: 3/6 Lane : 6 Athlete: RASKINET JULIAN			Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time			
	2 5 M	5 0 M	
PB		no time	
	no time		
			

Coach feedback:

Event number: 3: 50M BUTTERFLY MIXED 10-9			Heat:4, starttime: 14:58
Heat: 4/6 Lane : 2 Athlete: KILIC EYMEN			Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time			
	2 5 M	5 0 M	
PB		no time	
	no time		
			

Coach feedback:

Regiocup1 Bilzen: Session: 1: COACH Evaluation sheet for TEAM: DBT

Event number: 3: 50M BUTTERFLY MIXED 10-9				Heat:6, starttime: 15:00
Heat: 6/6 Lane : 6 Athlete: MEYERS TRAPMAN SANDER				Q-time: 00:56:58
PB (25m pool): 00:56.58 De Sprink Bree 31/05/2025				PB (50m pool): no time SB: no time
	2 5 M	5 0 M		
PB		00:56.58		
	00:56.58			
				

Coach feedback:

Event number: 4: 100M BREASTSTROKE WOMEN 11+					Heat:4, starttime: 15:10
Heat: 4/6 Lane : 3 Athlete: BEERTEN FLORENCE					Q-time: 01:30:72
PB (25m pool): 01:30.72 Hasselt 12/10/2025					PB (50m pool): 01:33.26 SB: 01:30.72 Hasselt 12/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:42.47		01:30.72	
	00:42.47		00:48.25		
					

Coach feedback:

Event number: 4: 100M BREASTSTROKE WOMEN 11+					Heat:4, starttime: 15:10
Heat: 4/6 Lane : 4 Athlete: LAMBRECHTS ANAÏS					Q-time: 01:31:69
PB (25m pool): 01:31.69 Hasselt 04/05/2025					PB (50m pool): 01:33.79 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:42.88		01:31.69	
	00:42.88		00:48.81		
					

Coach feedback:

Event number: 4: 100M BREASTSTROKE WOMEN 11+					Heat:5, starttime: 15:12
Heat: 5/6 Lane : 3 Athlete: VANBRABANT MANON					Q-time: 01:27:78
PB (25m pool): 01:27.78 Bree 21/12/2025					PB (50m pool): 01:30.03 SB: 01:27.78 Bree 21/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:41.81		01:27.78	
	00:41.81		00:45.97		
					

Coach feedback:

Regiocup1 Bilzen: Session: 1: COACH Evaluation sheet for TEAM: DBT

Event number: 4: 100M BREASTSTROKE WOMEN 11+					Heat:5, starttime: 15:12
Heat: 5/6 Lane : 4 Athlete: CUIJVERS LISA					Q-time: 01:27:86
PB (25m pool): 01:23.53 Bree 15/10/2023					PB (50m pool): 01:23.93 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:23.53	
	no time				
					

Coach feedback:

Event number: 5: 100M BREASTSTROKE MEN 11+					Heat:6, starttime: 15:29
Heat: 6/7 Lane : 5 Athlete: MOORS LIAM					Q-time: 01:33:28
PB (25m pool): 01:33.28 Temse 17/11/2025					PB (50m pool): 01:41.76 SB: 01:33.28 Temse 17/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:44.11		01:33.28	
	00:44.11 00:49.17				
					

Coach feedback:

Event number: 5: 100M BREASTSTROKE MEN 11+					Heat:7, starttime: 15:31
Heat: 7/7 Lane : 4 Athlete: POELMANS KEANO					Q-time: 01:13:51
PB (25m pool): 01:13.51 Hasselt 04/05/2025					PB (50m pool): 01:16.55 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:34.34		01:13.51	
	00:34.34 00:39.17				
					

Coach feedback:

Event number: 6: 50M BACKSTROKE WOMEN 11+					Heat:3, starttime: 15:51
Heat: 3/7 Lane : 3 Athlete: LAMBRECHTS ANAÏS					Q-time: 00:43:37
PB (25m pool): 00:43.37 Lommel 02/03/2025					PB (50m pool): no time SB: no time
	2 5 M	5 0 M			
PB		00:43.37			
	00:43.37				
					

Coach feedback:

Regiocup1 Bilzen: Session: 1: COACH Evaluation sheet for TEAM: DBT

Event number: 6: 50M BACKSTROKE WOMEN 11+			Heat:4, starttime: 15:53
Heat: 4/7 Lane : 2 Athlete: VANBRABANT MANON			Q-time: 00:42:07
PB (25m pool): 00:42.07 Lommel 02/03/2025			PB (50m pool): 00:43.93 SB: no time
	2 5 M	5 0 M	
PB		00:42.07	
		00:42.07	
			

Coach feedback:

Event number: 6: 50M BACKSTROKE WOMEN 11+			Heat:4, starttime: 15:53
Heat: 4/7 Lane : 3 Athlete: MOORS NORA			Q-time: 00:41:38
PB (25m pool): 00:41.38 Hasselt 04/05/2025			PB (50m pool): 00:43.32 SB: no time
	2 5 M	5 0 M	
PB		00:41.38	
		00:41.38	
			

Coach feedback:

Event number: 6: 50M BACKSTROKE WOMEN 11+			Heat:4, starttime: 15:53
Heat: 4/7 Lane : 4 Athlete: CLAESKENS LINA			Q-time: 00:41:87
PB (25m pool): 00:41.07 De Sprink 02/06/2024			PB (50m pool): 00:43.13 SB: no time
	2 5 M	5 0 M	
PB		00:41.07	
		00:41.07	
			

Coach feedback:

Event number: 6: 50M BACKSTROKE WOMEN 11+			Heat:4, starttime: 15:53
Heat: 4/7 Lane : 5 Athlete: KERFS LENTEL			Q-time: 00:42:39
PB (25m pool): 00:42.39 Bree 21/12/2025			PB (50m pool): 00:53.82 SB: 00:42.39 Bree 21/12/2025
	2 5 M	5 0 M	
PB		00:42.39	
		00:42.39	
			

Coach feedback:

Regiocup1 Bilzen: Session: 1: COACH Evaluation sheet for TEAM: DBT

Event number: 6: 50M BACKSTROKE WOMEN 11+			Heat:5, starttime: 15:54
Heat: 5/7 Lane : 1 Athlete: LIMONTA-SCULL OFELIA			Q-time: 00:40:62
PB (25m pool): 00:40.62 Hasselt 04/05/2025			PB (50m pool): 00:42.43 SB: no time
	2 5 M	5 0 M	
PB		00:40.62	
		00:40.62	
			

Coach feedback:

Event number: 6: 50M BACKSTROKE WOMEN 11+			Heat:5, starttime: 15:54
Heat: 5/7 Lane : 2 Athlete: BREBELS MAARTJE			Q-time: 00:40:17
PB (25m pool): 00:40.17 Bree 01/06/2025			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		00:40.17	
		00:40.17	
			

Coach feedback:

Event number: 6: 50M BACKSTROKE WOMEN 11+			Heat:5, starttime: 15:54
Heat: 5/7 Lane : 3 Athlete: BEERTEN FLORENCE			Q-time: 00:39:26
PB (25m pool): 00:39.26 Hasselt 12/10/2025			PB (50m pool): 00:56.96 SB: 00:39.26 Hasselt 12/10/2025
	2 5 M	5 0 M	
PB		00:39.26	
		00:39.26	
			

Coach feedback:

Event number: 6: 50M BACKSTROKE WOMEN 11+			Heat:5, starttime: 15:54
Heat: 5/7 Lane : 6 Athlete: NIJS ALANI			Q-time: 00:40:95
PB (25m pool): 00:40.95 Lommel 02/03/2025			PB (50m pool): 00:43.13 SB: no time
	2 5 M	5 0 M	
PB		00:40.95	
		00:40.95	
			

Coach feedback:

Regiocup1 Bilzen: Session: 1: COACH Evaluation sheet for TEAM: DBT

Event number: 6: 50M BACKSTROKE WOMEN 11+			Heat:6, starttime: 15:55
Heat: 6/7 Lane : 6 Athlete: ARDU PEPPA JOLENE			Q-time: 00:39:10
PB (25m pool): 00:39.20 Lommel 02/03/2025			PB (50m pool): 00:39.10 SB: no time
	2 5 M	5 0 M	
PB		00:39.20	
		00:39.20	
			

Coach feedback:

Event number: 6: 50M BACKSTROKE WOMEN 11+			Heat:7, starttime: 15:56
Heat: 7/7 Lane : 2 Athlete: MOORS YANA			Q-time: 00:35:08
PB (25m pool): 00:34.94 De Sprink 22/12/2024			PB (50m pool): 00:36.19 SB: 00:35.25 Hasselt 12/10/2025
	2 5 M	5 0 M	
PB		00:34.94	
		00:34.94	
			

Coach feedback:

Event number: 7: 50M BACKSTROKE MEN 11+			Heat:1, starttime: 15:58
Heat: 1/6 Lane : 3 Athlete: BIRLOGEANU LUCA			Q-time: 99:99:99
PB (25m pool): no time			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		no time	
		no time	
			

Coach feedback:

Event number: 7: 50M BACKSTROKE MEN 11+			Heat:4, starttime: 16:02
Heat: 4/6 Lane : 2 Athlete: MOORS LIAM			Q-time: 00:43:37
PB (25m pool): 00:44.64 Lommel 02/03/2025			PB (50m pool): 00:43.37 SB: no time
	2 5 M	5 0 M	
PB		00:44.64	
		00:44.64	
			

Coach feedback:

Regiocup1 Bilzen: Session: 1: COACH Evaluation sheet for TEAM: DBT

Event number: 7: 50M BACKSTROKE MEN 11+				Heat:5, starttime: 16:03
Heat: 5/6 Lane : 5 Athlete: DEGRAEN DIEGO				Q-time: 00:35:44
PB (25m pool): 00:35.44 Bree 01/06/2025				PB (50m pool): 00:38.96 SB: no time
	2 5 M	5 0 M		
PB		00:35.44		
	00:35.44			
				

Coach feedback:

Event number: 7: 50M BACKSTROKE MEN 11+				Heat:5, starttime: 16:03
Heat: 5/6 Lane : 6 Athlete: LEMMENS LARS				Q-time: 00:37:49
PB (25m pool): 00:37.49 Bree 01/06/2025				PB (50m pool): 00:38.09 SB: 00:37.69 Pelt 05/10/2025
	2 5 M	5 0 M		
PB		00:37.49		
	00:37.49			
				

Coach feedback:

Event number: 7: 50M BACKSTROKE MEN 11+				Heat:6, starttime: 16:04
Heat: 6/6 Lane : 1 Athlete: GIJBELS JUUL				Q-time: 00:34:13
PB (25m pool): 00:34.45 Bree 01/06/2025				PB (50m pool): 00:34.13 SB: no time
	2 5 M	5 0 M		
PB		00:34.45		
	00:34.45			
				

Coach feedback:

Event number: 8: 100M BREASTSTROKE MIXED 10-9					Heat:6, starttime: 16:20
Heat: 6/8 Lane : 1 Athlete: KILIC EYMEN					Q-time: 01:59:17
PB (25m pool): 01:59.17 Bree 21/12/2025					PB (50m pool): 02:00.44 SB: 01:59.17 Bree 21/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:56.81		01:59.17	
	00:56.81		01:02.36		
					

Coach feedback:

Regiocup1 Bilzen: Session: 1: COACH Evaluation sheet for TEAM: DBT

Event number: 8: 100M BREASTSTROKE MIXED 10-9					Heat:6, starttime: 16:20
Heat: 6/8 Lane : 3 Athlete: RASKINET JULIAN					Q-time: 01:57:23
PB (25m pool): 01:57.23 Lommel 02/03/2025			PB (50m pool): 01:57.79 SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:55.35		01:57.23	
	00:55.35		01:01.88		
					

Coach feedback:

Event number: 8: 100M BREASTSTROKE MIXED 10-9					Heat:7, starttime: 16:22
Heat: 7/8 Lane : 3 Athlete: TIRI LILY					Q-time: 01:53:32
PB (25m pool): 01:55.94 Pelt 05/10/2025			PB (50m pool): 01:53.32 SB: 01:55.94 Pelt 05/10/2025		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:55.32		01:55.94	
	00:55.32		01:00.62		
					

Coach feedback:

Event number: 8: 100M BREASTSTROKE MIXED 10-9					Heat:8, starttime: 16:25
Heat: 8/8 Lane : 5 Athlete: JANSSEN FÉLINE					Q-time: 01:47:90
PB (25m pool): 01:49.50 Pelt 05/10/2025			PB (50m pool): 01:47.90 SB: 01:49.50 Pelt 05/10/2025		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:51.03		01:49.50	
	00:51.03		00:58.47		
					

Coach feedback:

Event number: 8: 100M BREASTSTROKE MIXED 10-9					Heat:8, starttime: 16:25
Heat: 8/8 Lane : 6 Athlete: MEYERS TRAPMAN SANDER					Q-time: 01:50:45
PB (25m pool): 01:50.45 Pelt 05/10/2025			PB (50m pool): 02:01.40 SB: 01:50.45 Pelt 05/10/2025		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:52.49		01:50.45	
	00:52.49		00:57.96		
					

Coach feedback:

Regiocup1 Bilzen: Session: 1: COACH Evaluation sheet for TEAM: DBT

Event number: 9: 100M MEDLEY WOMEN 11+					Heat:1, starttime: 16:28
Heat: 1/11 Lane : 6 Athlete: VANBRABANT MANON					Q-time: 99:99:99
PB (25m pool): 01:30.28 De Sprink 22/12/2024					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:30.28	
	no time				
					

Coach feedback:

Event number: 9: 100M MEDLEY WOMEN 11+					Heat:3, starttime: 16:32
Heat: 3/11 Lane : 6 Athlete: BREBELS MAARTJE					Q-time: 99:99:99
PB (25m pool): 01:31.87 De Sprink 22/12/2024					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:31.87	
	no time				
					

Coach feedback:

Event number: 9: 100M MEDLEY WOMEN 11+					Heat:4, starttime: 16:35
Heat: 4/11 Lane : 1 Athlete: MOORS NORA					Q-time: 99:99:99
PB (25m pool): 01:33.29 De Sprink 22/12/2024					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:33.29	
	no time				
					

Coach feedback:

Event number: 9: 100M MEDLEY WOMEN 11+					Heat:4, starttime: 16:35
Heat: 4/11 Lane : 3 Athlete: KERFS LENTEL					Q-time: 99:99:99
PB (25m pool): no time					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Regiocup1 Bilzen: Session: 1: COACH Evaluation sheet for TEAM: DBT

Event number: 9: 100M MEDLEY WOMEN 11+					Heat:4, starttime: 16:35
Heat: 4/11 Lane : 4 Athlete: BEERTEN FLORENCE					Q-time: 99:99:99
PB (25m pool): 01:37.50 Bilzen 14/01/2024					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:37.50	
	no time				
					

Coach feedback:

Event number: 9: 100M MEDLEY WOMEN 11+					Heat:6, starttime: 16:40
Heat: 6/11 Lane : 5 Athlete: VAES LIENE					Q-time: 01:48:69
PB (25m pool): 01:48.69 Beringen 16/03/2025					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:48.69	
	no time				
					

Coach feedback:

Event number: 9: 100M MEDLEY WOMEN 11+					Heat:8, starttime: 16:44
Heat: 8/11 Lane : 4 Athlete: NIJS ALANI					Q-time: 01:28:20
PB (25m pool): 01:28.20 Lommel 02/03/2025					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:40.67		01:28.20	
	00:40.67 00:47.53				
					

Coach feedback:

Event number: 9: 100M MEDLEY WOMEN 11+					Heat:9, starttime: 16:46
Heat: 9/11 Lane : 1 Athlete: CLAESKENS LINA					Q-time: 01:24:48
PB (25m pool): 01:23.02 Beringen 05/03/2023					PB (50m pool): no time SB: 01:25.95 Bree 21/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:23.02	
	no time				
					

Coach feedback:

Regiocup1 Bilzen: Session: 1: COACH Evaluation sheet for TEAM: DBT

Event number: 9: 100M MEDLEY WOMEN 11+					Heat:9, starttime: 16:46
Heat: 9/11 Lane : 4 Athlete: LIMONTA-SCULL OFELIA					Q-time: 01:21:76
PB (25m pool): 01:21.76 Bree 21/12/2025					PB (50m pool): no time SB: 01:21.76 Bree 21/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:21.76	
	no time				
					

Coach feedback:

Event number: 9: 100M MEDLEY WOMEN 11+					Heat:9, starttime: 16:46
Heat: 9/11 Lane : 5 Athlete: ARDU PEPPA JOLENE					Q-time: 01:23:15
PB (25m pool): 01:23.15 Bree 21/12/2025					PB (50m pool): no time SB: 01:23.15 Bree 21/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:23.15	
	no time				
					

Coach feedback:

Event number: 9: 100M MEDLEY WOMEN 11+					Heat:9, starttime: 16:46
Heat: 9/11 Lane : 6 Athlete: LAMBRECHTS ANAÏS					Q-time: 01:25:69
PB (25m pool): 01:25.69 Bree 21/12/2025					PB (50m pool): no time SB: 01:25.69 Bree 21/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:25.69	
	no time				
					

Coach feedback:

Event number: 9: 100M MEDLEY WOMEN 11+					Heat:11, starttime: 16:50
Heat: 11/11 Lane : 2 Athlete: CUIJVERS LISA					Q-time: 01:14:59
PB (25m pool): 01:14.59 Bree 21/12/2025					PB (50m pool): no time SB: 01:14.59 Bree 21/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:14.59	
	no time				
					

Coach feedback:

Regiocup1 Bilzen: Session: 1: COACH Evaluation sheet for TEAM: DBT

Event number: 9: 100M MEDLEY WOMEN 11+					Heat:11, starttime: 16:50
Heat: 11/11 Lane : 4 Athlete: MOORS YANA					Q-time: 01:13:89
PB (25m pool): 01:13.89 Lommel 02/03/2025					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.81		01:13.89	
	00:35.81		00:38.08		
					

Coach feedback:

Event number: 10: 100M MEDLEY MEN 11+					Heat:2, starttime: 16:54
Heat: 2/9 Lane : 4 Athlete: GIJBELS JUUL					Q-time: 99:99:99
PB (25m pool): 01:28.94 Beringen 27/03/2022					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:28.94	
	no time				
					

Coach feedback:

Event number: 10: 100M MEDLEY MEN 11+					Heat:2, starttime: 16:54
Heat: 2/9 Lane : 6 Athlete: POELMANS KEANO					Q-time: 99:99:99
PB (25m pool): 01:16.19 De Sprink 23/12/2023					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:16.19	
	no time				
					

Coach feedback:

Event number: 10: 100M MEDLEY MEN 11+					Heat:4, starttime: 16:59
Heat: 4/9 Lane : 6 Athlete: BIRLOGEANU LUCA					Q-time: 99:99:99
PB (25m pool): no time					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Regiocup1 Bilzen: Session: 1: COACH Evaluation sheet for TEAM: DBT

Event number: 10: 100M MEDLEY MEN 11+					Heat:5, starttime: 17:02
Heat: 5/9 Lane : 1 Athlete: MOORS LIAM					Q-time: 99:99:99
PB (25m pool): 01:46.41 Sint-Truiden 17/03/2024					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:46.41	
	no time				
					

Coach feedback:

Event number: 10: 100M MEDLEY MEN 11+					Heat:7, starttime: 17:06
Heat: 7/9 Lane : 2 Athlete: LEMMENS LARS					Q-time: 01:21:55
PB (25m pool): 01:21.55 Bree 21/12/2025					PB (50m pool): no time SB: 01:21.55 Bree 21/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:21.55	
	no time				
					

Coach feedback:

Event number: 10: 100M MEDLEY MEN 11+					Heat:8, starttime: 17:08
Heat: 8/9 Lane : 3 Athlete: DEGRAEN DIEGO					Q-time: 01:12:88
PB (25m pool): 01:12.88 Bree 21/12/2025					PB (50m pool): no time SB: 01:12.88 Bree 21/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:12.88	
	no time				
					

Coach feedback:

Event number: 11: 4x50M FREESTYLE WOMEN 11+							Heat:2, starttime: 17:15	
Heat: 2/2 Lane : 3 Athlete: TEAM DBT 1							Q-time: 02:08:00	
PB (25m pool):			PB (50m pool):		SB:			
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB								
								

Coach feedback:

Regiocup1 Bilzen: Session: 1: COACH Evaluation sheet for TEAM: DBT

Event number: 11: 4x50M FREESTYLE WOMEN 11+							Heat:2, starttime: 17:15	
Heat: 2/2 Lane : 4 Athlete: TEAM DBT 2							Q-time: 02:13:00	
PB (25m pool):			PB (50m pool):		SB:			
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB								
								

Coach feedback:

Event number: 12: 4x50M FREESTYLE MEN 11+							Heat:2, starttime: 17:21	
Heat: 2/2 Lane : 4 Athlete: TEAM DBT 1							Q-time: 01:53:00	
PB (25m pool):			PB (50m pool):		SB:			
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB								
								

Coach feedback: